

# CRYSTAL CLARITY

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## Module 7 – The Power of Your Choices

Hey there! Welcome to Module 7.

I have some good news for you. In this module there are no exercises! Yayy!! Just me doing a lot of talking about the power of your choices.

Nothing proves our likeness to the Divine than our right to choose. God created us in His image and likeness and empowered us to make our own decisions. When God placed Adam in the Garden of Eden, He gave Adam certain instructions to live by.

Adam had the choice to obey or disobey those instructions, but he was also told the consequences if he chose to disobey. Well, he chose to disobey, and humanity is still feeling the after effects of that decision. (Gen. 2:15-17).

What does that tell us? There are eternal consequences attached to every choice we make. Choices, or decisions, that we make today will impact the generations to come.

We make choices everyday about when to wake up or go to sleep, what to eat, wear, do, and so on. These decisions are commonplace therefore we make them unconsciously, but if you want to make power choices that change the quality or trajectory of your life, you must train yourself to make conscious, deliberate choices.

Unconscious choices are the reason for the undesired results that you are experiencing in your life. Therefore if you are dissatisfied with any area of your life choose to use your power to change it. The question is, will you use your power of choice, or will you continue to live by default?

Our choices lead to growth and prosperity, mediocrity or greatness, success or failure. Our choices are determined by our character and our character is determined by our choices. Therefore our choices determine the outcome of our lives.

**“Our choices are a sum total of the choices we make.” Wayne Dyer.**

So could things in your life be the way they are because you are the way you are? What subconscious mental scripts are holding you back? Reverse those results by using your power to consciously, intentionally, and purposefully design the life that you want.

Here are some dos and don'ts when making choices:



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**1. Never be hasty in making decisions (choices). Decisions made without adequate forethought often lead to great regret.**

There is much involved in making a choice about a given situation. Influencing factors such as emotions, external pressure from people or circumstances, too much or lack of information and our own personal biases all play a role in the process. Our choices can either help or hinder us fulfilling our destiny, so never make decisions under pressure.

I make decisions by first praying about the matter at hand. I ask God for divine wisdom and clarity to make the right choice. If I am struggling with a particular decision, then I seek advice from those closest to me. Solomon is touted as the wisest man who ever lived, and he says,

*Plans go wrong for lack of advice; many advisors bring success (Prov. 15:22).*

*Where there is no counsel, the people fall; But in the multitude of counsellors there is safety (Prov. 11:14).*

That being said, understand that people can positively or negatively affect your decisions, so weigh everything carefully. Get quiet. Be silent and listen.

**2. Don't make decisions (choices) based on what others are doing.**

In the popular Star Trek series, The Next Generation, the alien race known as the Borg has a mantra that says, "Resistance is futile." In their fictional world it may be, but in reality, that couldn't be further from the truth. You have the power to choose to conform or not. Be a non-conformist and learn to listen to your own inner promptings.

You have a beautiful mind to think for yourself. Refuse to be a part of the hive mentality and be bold enough to stand out and be different.

**3. Ask yourself these questions as a part of your decision-making process:**

- a. Will I be happy with this choice, or will I regret it?
- b. Am I violating my values and integrity?
- c. What's the benefit of making this choice?
- d. What will I lose by making this choice?

Your choices determine your destiny, so you can choose to live in excellence or mediocrity.

Excellence is lived with moral character. Always make choices in alignment with who you want to become, even if it means letting go of some things, activities and people along the way.

Reflection and right choices lead to growth. To live the life you want you must first be willing to choose to step out of your comfort zone and do something that you have never done before.

Greatness is a choice. Choose to unlock your inner greatness by **signing up** to my [Empowered to Thrive Program](#) and take your personal development to the next level today.